



# kehilath shalom newsletter

# קהילת שלום

September 2021  
Elul/Tishri 5781/82

 **RECONSTRUCTING  
JUDAISM**  
Deeply rooted. Boldly relevant.

## Rabbi's Reflections

# Déjà Vu All Over Again?

BY RABBI LINA ZERBARINI



It was supposed to be “Hot Vax Summer” – the opportunity to remove our masks, leave our houses, and (re)connect with people. And it was, for a few days. Now, the masks are back on and we have more people joining us by Zoom than in-person. It seems that “the more things change, the more they remain the same” (Jean-Baptiste Alphonse Karr). Or, as *Kohelet* says in the Bible: there is nothing new under the sun.

This series of clichés points to a truth in our High Holiday observances. The calendar turns and we come back to the same prayers every year, the identical pattern of the shofar blasts, the beloved melodies, the familiar holiday recipes. And the same questions about our lives: Where are we coming from? Where are we going? How are we doing? What steps do I need to take to grow, to repair my relationships, my world?

One thing that some might find surprising is that our answers might be similar year after year. We find that we make the same commitments. We are ourselves; we don't switch out our struggles, our personalities – strengths and weaknesses – for new ones. While that might be frustrating to some (I'm still dealing with this?!?), it makes sense. In the words of systems theorist

Peter Senge, "Reality is made up of circles, but we see straight lines."

Much of nature is, in fact, made up of spirals. The “golden spiral” is related to the Fibonacci sequence, a pattern of structure and design that replicates itself throughout creation. We see these spirals in plants:



And my favorite, romanesco:

(I took this picture!)

*(Continued on page 2)*

**One link, One Meeting ID#, for MOST KSS meetings!**

**Meeting ID#: 882 6522 6225**

**Password: 046 425**

**By Phone: 1 646 558 8656**

**or click this link:**

[https://us02web.zoom.us/j/88265226225?  
pwd=MoZVcHRWEZjeElod1VNajJ6UINzUT09](https://us02web.zoom.us/j/88265226225?pwd=MoZVcHRWEZjeElod1VNajJ6UINzUT09)

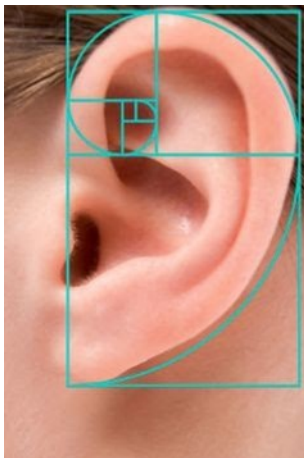
# Déjà Vu All Over Again?

(Continued from page 1)

In animals:



In our own bodies:

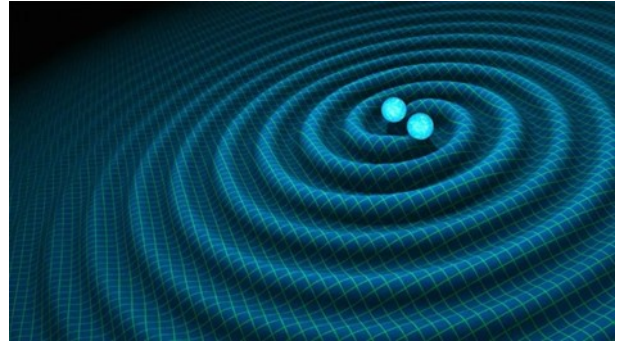


And in the structure of our galaxy:



In Einstein's theory of general relativity, which I do not claim to understand, even time does not move in a straight line. He understood space and time to be interwoven into a single continuum known as space-time. One manifestation

of this is gravitational waves, depicted here as created by two colliding black holes. Notice the spiral:



As so much of creation is a spiral, so, too, our lives. We might wish the world, our lives, were linear, but they are not. We move forward, and come back to ourselves, perhaps in a slightly different place.

The word of this season is *teshuvah*, sometimes translated "repentance," but which literally means "returning." The *Shaker Hymn* (perhaps originally a dance, with the directions included in the last three lines), invited us to turn, and turn again, until we find our place.

'Tis the gift to be simple, 'tis the gift to be free,  
'Tis the gift to come down, where we ought to be,  
And when we find ourselves in the place just right,  
'Twill be in the valley of love and delight.  
When true simplicity is gain'd,  
To bow and to bend we shan't be ashamed,  
To turn, turn will be our delight  
Till by turning, turning we come round right.

Maimonides taught that we know we have done *teshuvah* when we are faced with the same situation and make a different choice. When we have come back to the same place, and were able to act differently. We walk, not towards some end goal, but deeper and deeper into our beautiful, sacred center. ❖



## From the Presidents

# Meet the Co-President

BY BEVERLY MANNIX

I would like to introduce myself to you as I begin my first term as Co-President of Kehillath Shalom Synagogue. I have been a member since 2013. I previously was at a very large congregation (730 families) which lacked the feeling of a small community “where everybody knows your name.” I actually found out about KSS by doing a Google search for synagogues that were at most a half-hour drive from my home. KSS certainly met that criteria and once I met the congregants I knew it was the perfect match. Our “little shul in the big woods” has caring members who look out for each other in times of need and always offer their support.

I started out by joining the Ritual Committee, as that was most important to me. I soon became Co-Chair of Ritual with Gail Sachs, now my Co-President, as well as being on the Rabbi Search Committee. And I am sure you will all agree that we definitely made the best choice! I have also served on the COVID and Programming Committees and for the last four years have served as Corresponding Secretary.

Personally, I am a retired recreational therapist, having obtained my degree from the University of Maryland. I have worked in hospitals, nursing homes and adult day care programs, adapting recreational activities to meet the needs of various disabled populations. I am originally from Philadelphia and moved to New York in 1975. My daughter is an art teacher in Chicago and my son is a busker and TV background actor whom you might have seen on various TV shows or playing his accordion in the subways of New York.

Please feel free to contact me with any questions or concerns you might have. You can always email me at [bevycd@aol.com](mailto:bevycd@aol.com) or phone me at 631-806-5124. It is my hope that I can serve the many needs of Kehillath Shalom Synagogue and in return, I hope that KSS can count on you to volunteer for our many committees. ❖



Bev in Jerusalem



## Opportunities are Available for You to Help KSS Run!

### Synagogues Go on People Power!

Have a few hours a week? a month? a year?

You can contribute your time and skills and labor to the care of our community: communications, building, services & celebrations, and more!

Contact the Rabbi or incoming Co-Presidents

Gail ([gailatkss@gmail.com](mailto:gailatkss@gmail.com)) or

Bev ([beverlycmannix@gmail.com](mailto:beverlycmannix@gmail.com)) to get involved.

# SHABBAT SERVICES

**FRIDAY, SEPTEMBER 3**

No candlelighting

**SATURDAY, SEPTEMBER 4**

No scheduled service

Torah Portion: *Nitzavim*, Deuteronomy 29:9 – 30:20

Moses continues his farewell speech and God tells the people not to act idolatrously like other peoples. Moses reassures the people that God will not forsake them and that they can attain blessings by following the commandments.

**FRIDAY, SEPTEMBER 10**

Candlelighting 6:30 pm

**SATURDAY, SEPTEMBER 11**

Meditation Walk at Target Rock 10 am

Torah Portion: *Vayeilech*, Deuteronomy 31:1-30

Moses prepares the people for his death and announces that Joshua will succeed him. He instructs the priests and elders regarding the importance of the Torah. God informs Moses that upon his death, the people will commit idolatry and “many evils and troubles shall befall them.” God tells Moses to teach the people a poem that will “be My witness.”

**FRIDAY, SEPTEMBER 17**

Candlelighting 6:30 pm

**SATURDAY, SEPTEMBER 18**

Torah Study 10 am

Shabbat Service 11:15 am

Torah Portion: *HaAzinu*, Deuteronomy 32:1-52

Moses sings his last song, a love poem to God and a chastisement of the people, who are not worthy of Adonai. The poem recounts the blessings that God has bestowed on the Israelites, the wicked deeds they have committed, and the punishments that God then inflicted upon them. God tells Moses to begin his ascent of Mount Nebo, from where he will see the Land of Israel from a distance but will not be allowed to enter it.

**FRIDAY, SEPTEMBER 24**

Shabbat and Sukkot Dinner in the Sukkah

**SATURDAY, SEPTEMBER 25**

Torah Study 10 am

Shabbat Service 11:15 am

Torah Portion: *Sukkot Shabbat Chol HaMoed*, Exodus 33:12-34:26, Numbers 29:23-28

Exodus: Moses asks God to go with the people on the Exodus. God agrees and allows Moses to behold his presence, but only from the back. God orders Moses to carve the second set of tablets, reaffirms the Covenant with Israel, and establishes the observances of Pesach, Sukkot, and Shavuot.

Numbers: Passover sacrifices for the fourth day. ❖



## Zoom Quick Reference Schedule

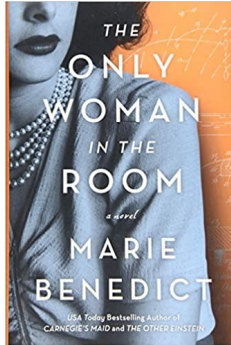
	Mon	Tue	Wed	Thur	Fri	Sat
Morning Gathering		8 am			8 am	
Torah Study & Shabbat Service						10 am
Candlelighting					6:30 pm	
Lunch & Learn						

Zoom Meeting ID for most events 882 6522 6225, Password 046 425

# bagels & books

As usual, a number of us met over the summer and came up with a varied, and, we hope, interesting, stimulating, and informative list of books for the coming year.

We will start off on September 19 with *The Only Woman in the Room*, Marie Benedict's novel based on the incredible true story of Hedy Lamarr. Best known as a glamorous Hollywood star, the most significant achievement of her life was as a scientist, whose groundbreaking invention of frequency hopping, designed to protect Allied torpedoes during WWII, was crucial to the later development of GPS, Bluetooth, and wi-fi.



For the rest of the year, our schedule is:

October 17 — *The War of Return: How Western Indulgence of the Palestinian Dream Has Obstructed the Path to Peace*, by Adi Schwartz and Einat Wilf (joint session with Israel Affairs Committee)

November 21— *House on Endless Waters*, by Emuna Elon

December 19 — *How to Fight Anti-Semitism*, by Bari Weiss

January 16 — *The Lost Shtetl*, by Max Gross

February 20 — *What We Will Become: A Mother, a Son, and a Journey of Transformation*, by Mimi Lemay

March 20 — *The Book of Lost Names*, by Kristin Harmel

April 24 — *The Last Kings of Shanghai: The Rival Jewish Dynasties that Helped Create Modern China*, by Jonathan Kaufman

May 22 — *The Hidden Palace: A Novel of the Golem and the Jinni*, by Helene Wecker

June 26 — *Concealed: Memoir of a Jewish-Iranian Daughter Caught Between the Chador and America*, by Esther Amini

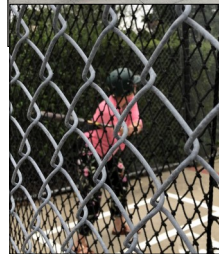
Until further notice, we will continue Zooming on Barbara Kremen's account at 10 am Sundays. Bring your own bagel, lox, and coffee, or whatever Sunday morning treat you'd like and please join us for any books that interest you. ❖



## Mini-Golf and More: A Fun(d)raising Event

On August 18, a group of seventeen met up at Station Sports in Huntington Station to play miniature golf, to take some swings in the batting cages, and to practice their aim on the paintball target range. Though rainy weather threatened, it held off all night allowing all to enjoy community, talk, pizza, and laughter. In addition to those who attended, a few additional folks supported the event by acting as sponsors for individual holes on the mini-golf course. Signage at the tee boxes acknowledged the sponsors.

Thanks to all for making this event a success. It raised some much needed money and lifted everyone's spirits. Look for future fundraising event notices and join us for fun. ❖



## LOOKING FOR A NEW OIL COMPANY?

Skaggs-Walsh, KSS' heating oil supplier, gives us cash thank-yous if you sign up with them and say Kehillath Shalom Synagogue referred you. Our first two referrals, ABBY PARISER and PETER GOLLON, and JANE KÜNSTLER and CLIFF BROFFMAN, earned us \$100 each. The third referral is worth \$200! Will you be the one? Referrals #4 and 5 would also earn us \$100 each, and #6 would be another \$200, and so on.



Contact Skaggs-Walsh at 516-227-3700, or [skaggsvalsh.com](http://skaggsvalsh.com). ❖

The Israel and Jewish Affairs Committee Presents  
A Series of Forums and Discussions  
**THE MIDDLE EAST AND THE STATE OF ISRAEL**



***The War of Return: How Western Indulgence of the Palestinian Dream Has Obstructed the Path to Peace***, by Adi Schwartz and Einat Wilf

Joint Session of **Bagels & Books** and The Israel Forum

**SUNDAY**, October 17 / 10 am

**Update and Report from Israel and the Middle East**

Saturday, November 13 / Services at 10 am, Forum at 11:15

**Analysis of the Threats and Challenges Faced by Israel**

Saturday, December 11 / Services at 10 am, Forum at 11:15

**Israel and the Middle East: What American Media Don't Tell You**

Saturday, February 12 / Services at 10 am, Forum at 11:15

**Update and Report from Israel and the Middle East**

Saturday, March 26 / Services at 10 am, Forum at 11:15

Moderated by Kehillath Shalom member Nissim Yeheskel, Israeli native and frequent visitor.

Join Kehillath Shalom Synagogue

# Mikvah at the Beach

Immerse in the living waters of the Long Island Sound.  
Leave the past behind and welcome the New Year as a new soul!

**SUNDAY, SEPTEMBER 12, 9 AM, CENTERPORT BEACH**

We'll gather at 9 am to sing and pray, and then (as desired, and as the weather is willing) we'll submerge and re-emerge from the water a new soul, ready to begin a new year.

If you aren't down to swim, come anyway! You can hold the space (and hold a towel) for those who do brave the September waters!

And then stay for Reverse Tashlich!

## *PLANNING FOR OUR FUTURE*

For half a century and more, Kehillath Shalom Synagogue has played a role in the lives of generations of Jewish families. Through their work and their resources, the congregation's pioneers made it possible for KSS to thrive and to survive for the generations to come. That work continues as does the opportunity to keep Kehillath Shalom active and vibrant for those who will come through its door tomorrow after tomorrow.

In the spirit of *L'Dor v'Dor* ("From generation to generation"), join those who have made a provision for Kehillath Shalom in planning for the future through their estate and financial planning. Your gift can help assure the long-term viability of the synagogue.

You can contribute by:

- ★ Making a bequest to Kehillath Shalom in your will
- ★ Making Kehillath Shalom a beneficiary of your retirement 403(b) or 401(k) account
- ★ Making Kehillath Shalom a beneficiary of your IRA or of your IRA's yearly Minimum Required Distribution

If you need more information, have questions, or would like to speak with someone from the Fundraising Committee about KSS' Long Term Planning options, please call the office at 631-367-4589 or email [AbbyPariser@gmail.com](mailto:AbbyPariser@gmail.com). ❖



# (SOME OF) WHAT WE LEARNED ON OUR SUMMER VACATION

1) **WE ARE NOT ALONE.** We are part of a large and growing community of Reconstructionist Jews (as well as Jews from the other movements) committed to working together to build a more perfect (equitable, fair) union. Stay tuned to this space for more information in the coming months about inspiring speakers who will talk with us – in evening programs, and during Shabbat morning services. These include Rabbi Sandra Lawson, who works to help Reconstructing Judaism realize its deeply held aspiration of becoming an anti-racist organization and movement; and members of sister organizations such as ERASE Racism.

2) **HATE DOESN'T TAKE A VACATION.** According to the Huntington Anti-Bias Task Force, there were several incidents of that made our blood boil – racial epithets and swastikas scrawled in public places in our county. As well, too many school districts in our county have taken up arms in a cause few understand. That is, Critical Race Theory is not a curriculum and is not in danger of being taught in our local schools. The NYS Department of Education suggested implementation of a Culturally Responsive-Sustain Education that will, among other goals, “...develop students’ abilities to connect across lines of difference; elevate historically marginalized voices; and empower students as agents of social change.”

3) **AN AUGUST SUNDAY AFTERNOON IS NOT THE BEST TIME TO PLAN AN INTERFAITH PICNIC.** Despite the best intentions, our joint picnic with the Noor Mosque had to be canceled not out of lack of interest, not at all, but because too many people had planned vacations. We will try to reschedule.

4) **YOU CAN WATCH AN OLD MOVIE WITH NEW EYES.** Accordingly, the first Committee for Racial Justice-sponsored Movies and Munchies night will take place on Wednesday, November 17<sup>th</sup> when we will discuss *The Help*. You can watch it on your own or with friends from the congregation on Wednesday, November 3.

L’Shana Tovah...A sweet and healthy New Year to all. ❖



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<http://www.kehillathshalomsynagogue.org>

## Do You Zelle?

KSS can now receive payments through Zelle, the quick, convenient, no-fee online payment system used by Bank of America, Capital One, Chase, Citi, and many other banks.

Make donations, pay for special events, pay dues — no checks, no stamps, no fees. Log into your bank account, find Zelle, and send to [kehillathshalom@optonline.net](mailto:kehillathshalom@optonline.net). **Note: Do NOT Zelle to the office phone! It won't work!**

Easy as aleph, bet, gimel!





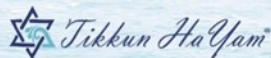


KEHILLATH  
SHALOM  
SYNAGOGUE

# Reverse TASHLICH

International Jewish Community Cleanup

In Partnership with



September 12 • Centerport Beach • 10 am

Join Kehillath Shalom Synagogue at Centerport Beach on Sunday, September 12 at 10 am for the 4<sup>th</sup> Annual Reverse Tashlich.

## What is Reverse Tashlich?

On Rosh HaShanah, Jews around the world participate in the ancient ritual of Tashlich. We go to a body of water and symbolically cast off the sins of the past year by throwing breadcrumbs into the water to start the New Year with purity of heart. However, this is not the only time humans cast their “sins” into the sea. Every year, approximately six million tons of human-made trash enter the water, posing health and safety hazards to the animals that call the sea their home. We are joining Repair the Sea to add a modern ritual to the Jewish tradition: a beach clean-up on the Sunday between Rosh Hashanah and Yom Kippur.

At our event, we will symbolically leave the past behind, care for creation through clean up, call ourselves and our community to responsibility and responsiveness through the sounding of the shofar, and share sweetness and wishes for the New Year.

This event is geared for families and everyone else!

# THE GIFTS RECEIVED

## GENERAL FUND

JANET LONDON & JERRY KREINCES

LOIS HASS, in honor of RITA FENDERSON'S birthday

LISA HADAR

BARBARA MALLECK and FAMILY, in loving memory of LEONARD MALLECK, beloved husband, father, and grandfather

LOIS HASS, in gratitude for my family's, friends', and my good health through the COVID crisis

AUDREY TEICH & MINDY ISACOFF, in honor of TREVOR STURZA

AUDREY TEICH & MINDY ISACOFF, in honor of JACOB LEVITT

AUDREY TEICH & MINDY ISACOFF, in honor of FELIX CROTTY

MIKE & KATHY SOLOMOWITZ, in memory of AUNT CECILE

JUDY DAVIS & MORT KISSEN, in memory of her beloved father, DR. LEO STEIN

GAIL SACHS, with loving memories of LUCILLE EICHNER and MICHAEL SACHS

BARBARA HELLER, in memory of her beloved parents, BENJAMIN AND ANNA HOLTZMAN

JACK & MARIE KORN, in loving memory of MOSHE KORN

INEZ WACHTEL, in memory of her beloved mother, SALLY (SADIE LENA) GOTHELF

ROBERTA ISRAELOFF, in memory of JACK ELI ISRAELOFF

ROSALIE SHAFFER, in loving memory of her mother-in-law, SARAH SHAFFER, husband, STANLEY SHAFFER, and father, LOUIS GOLDING

## AIR CONDITIONER

AUDREY TEICH & MINDY ISACOFF

KARIN SABBETH & SCOTT BAUMAN

CAROLE VALENTE & BRIAN MEYER

PAUL & EILEEN GRUBER

ABBY PARISER & PETER GOLLON

ALAN & INEZ WACHTEL

BEVERLY MANNIX

## CLEANING

IRA GOODMAN

SCOTT & EVA ASH

BARBARA FEDER-MURDOCK

RITA & RALPH FENDERSON

NISSIM YEHESKEL

GAIL SACHS

## LANDSCAPING

CAROL RUBIN

DOLORES WEINBERG

JACK & MARIE KORN



## RABBI'S SALARY SUPPORT

LOIS HASS, with gratitude to RABBI LINA for helping us get through the pandemic

## TORAH FUND

LOIS HASS, for professional cleaning of the Torah covers

## TORAH SCHOOL SUPPORT

JEFFREY KORBMAN

## RABBI'S DISCRETIONARY FUND

JOSHUA & WREN LEVITT

*Todah rabah!*

## ZELLE PAYMENTS...

MUST go to **email**,  
[kehillahshalom@optonline.net](mailto:kehillahshalom@optonline.net).

Do NOT Zelle to the office phone; it won't work!

## Let's Light Candles Together



**Friday evenings at 6:30 pm**

We'll share, sing, and bring Shabbat peace.

Join Zoom Meeting by computer: <https://zoom.us/j/88265226225>

Or Phone: +1 646 558 8656

Meeting ID: 882 6522 6225,  
Password 046 425

We will learn, study, share, pray.  
As usual, come for Torah Study or Service or Both!

Join Zoom Meeting by computer: <https://zoom.us/j/88265226225>

Or phone: +1 646 558 8656

Meeting ID: 882 6522 6225,  
Password 046 425

## Kehillath Shalom Synagogue



**Shabbat Morning  
Torah Study 10 am  
Service 11:15 am**

## Morning Gathering Stillness, Meditation, Blessings



Morning Gathering: Tuesday - Friday Mornings at 8 am  
Establish a strong, centered, calm foundation for the day.  
Join Zoom Meeting by computer <https://zoom.us/j/788752335>  
or by phone: 1 646 558 8656 US (New York)  
Meeting ID: 882 6522 6225, Password 046 425



# September 2021

## Elul/Tishri 5781-82



Sun

Mon

Tue

Wed

Thu

Fri

Sat

1

2

3

4



No candlelighting

No scheduled service

7:04

5

6



7



8



9

10



11



Erev Rosh HaShanah  
7:30 pm

Rosh HaShanah  
9:30—11 am  
11:30 am—1 pm  
Tashlich 4 pm

Rosh HaShanah  
10 am— noon

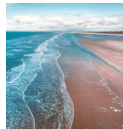
Candlelighting 6:30

Meditation Walk at  
Target Rock NWR  
10 am

Labor Day

6:52

12



13

14



15



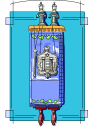
16



17



18



Mikveh 9 am  
Tikkun HaYam  
Reverse Tashlich  
10 am  
Centerport Beach

Board Meeting  
7:30 pm

Kol Nidre  
6:30 pm

Newsletter Deadline

Yom Kippur  
9:30—11 am  
11:30 am—1 pm  
Yizkor & Neilah  
6:30—7:45 pm

Candlelighting 6:30

Torah Study 10 am  
Tefilah 11:15 am

6:41

19



20



21



22

23

24



25



Bagels & Books  
*The Only Woman in  
the Room*  
10 am  
Sukkah Raising 10

Erev Sukkot

Sukkot

Open Sukkah &  
Dinner at KSS  
6:30 pm

Torah Study 10 am  
Tefilah 11:15 am

Shabbat Sukkot

6:29

26



27



28



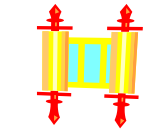
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30

1



2



Sukkot Festival  
HUMuS 1-4

Hoshana Rabbah  
Simchat Torah  
6:30 pm

Shemini Atzeret &  
Simchat Torah

Soup Shabbat &  
Candlelighting  
6:30 pm

Torah Study 10 am  
Tefilah 11:15 am  
Torah School  
Workshop

6:17

3



4

5

6

7

8



9



Rosh Chodesh Group  
10 am

Lunch & Learn  
12:30 pm  
Topic tba

Candlelighting  
6:30 pm

Torah Study 10 am  
Tefilah 11:15 am

6:05