

# kehillath Shalom newsletter JUDAISM

Rabbi's Reflections

# In Fear and Trembling

By Rabbi Lina Zerbarini

first classes was Biblical Literature. For most of us, it was the first time studying the Bible in Hebrew. One classmate, Daniel Brenner (who led High Holiday services here at KSS in 2017), said:

"Whenever I see a word I don't know, I'll just assume it means 'trembling'!"

Trembling, shuddering: חרדה/charadah, רעדה raadah, רגזה/rogzah, רעש/ ra'ash can be quaking as well as noise, ערץ/aratz is to *cause* to tremble, and there are more. The Bible is full of these!

Fear and trembling are also big themes of the liturgy of the High Holidays.

In Hebrew they are called the *Yamim Noraim*, the Days of Awe – but נוראnora is also terror.

The *Unetaneh Tokef* prayer is unique to these days and perhaps most fully encapsulates the metaphor of the season: "On Rosh HaShanah it is written, and on the Fast of Yom Kippur it is sealed....." It refers to the holy day as "nora v'ayom," which our prayerbook translates as "most

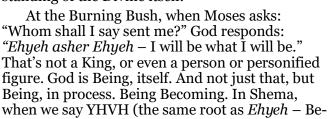
In my first year of rabbinical school, one of my awesome and solemn." But nora v'ayom means terrible and dreadful. Even the angels are terrified and shake.

> I think that our prayerbooks soften the language because we do not relate to God that way.

> > We do not see (or want to see) God as a punishing Judge or King. We (or most of us, anyway) do not value dictators and authoritarian rulers and don't want a God in that model. But we need to remember that this is all a metaphor. Not just God as a Sovereign Scribe deciding our fate in a Book of Life or Death, but our under-

Deeply rooted. Boldly relevant,

standing of the Divine itself.



(Continued on page 2)



One link, One Meeting ID#, for MOST KSS meetings!

Meeting ID#: 882 6522 6225

Password: 046 425 By Phone: 1 646 558 8656

or click this link:

https://uso2web.zoom.us/j/88265226225? pwd=MoZVcHlRWEZjeElod1VNajJ6UlNzUTo9

## bagels & books

We will start this year's readings on September 18 with Kirsty Manning's *The Song of the Jade* 

Lily, a gripping historical novel that tells the little-known story of Jewish refugees who fled to Shanghai during WWII. The exotic sights and scents of Shanghai are brought vividly to life in alternating chapters telling the stories of Romy, who escaped to Shanghai after Kristallnacht, and her granddaughter, Alexandra, whose job sends her to Shanghai over 75 years later,



where she searches for information about her family's past and uncovers long-hidden family secrets.

For the rest of the year, we will read:

October 13 — The Day of Atonement, by David Liss

November 20 — *Memories After My Death*, by Yair Lapid (joint session with Israel Affairs Committee)

December 18 - *The Gown*, by Jennifer Robson

January 22 — *The Choice*, by Edith Eva Eger February 19 — *The Oracle of Stamboul*, by Michael David Lukas

March 19 — Plunder: A Memoir of Family Property and Nazi Treasure, by Menachem Kaiser

April 16 — The Other Einstein, by Heather Terrell

May 21 — The Vanished Collection, by Pauline Baer de Perignon

June 25 — A Bend in the Stars, by Rachel Barenbaum

We will continue to Zoom on Barbara Kremen's account, 892 6564 8445, password 010 477. Please join us for any and all books that interest you, while enjoying your own Sunday coffee and goodies. We hope to return to in-person gatherings soon! ❖



## In Fear and Trembling

(Continued from page 1)

ing) is One, it means that everything is part of that Being. Everything is part of the Whole. The Whole world.

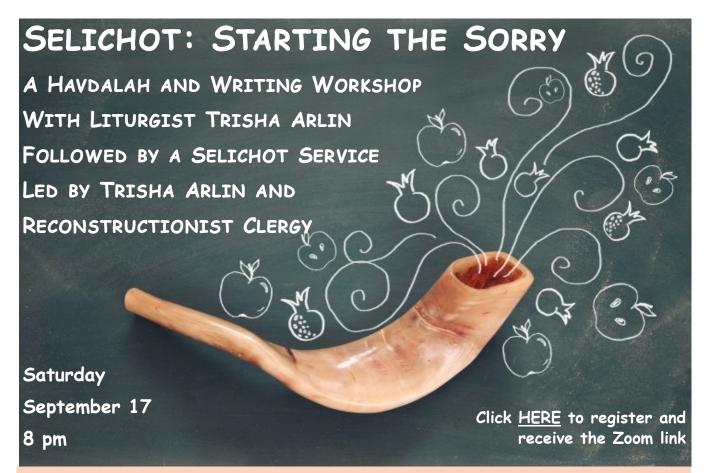
And the world can be scary. These times are particularly frightening: an ongoing pandemic, challenges to democracy, limits on personal and familial autonomy, rising antisemitism and other forms of hate, increased division in the country. And it's not just the social and political realm that can be frightening; personal challenges are, as well. Aging, changing relationships, financial difficulties, mental and physical health issues all provide opportunities for fear and trembling.

When we bring these realities to our prayers, when we understand them not as *proscriptive* but as *descriptive*, then our lives enter our liturgy. We come to these Days of Awe to face the reality that we do not know "who will live and who will die." We do not know "who will dwell in peace and who will be uprooted, who shall live safely, and who shall be harmed, whose life will be tranquil and whose tormented." These truths *are* fearful.

Rosh HaShanah, also known as *Yom HaDin*, the Day of Judgment, is not the day that we *are* judged, but the day (the season – it takes more than a day!) that we might take a serious look at our lives. Are we living in alignment with our values? What is the quality of our relationships? Are we spending our time and our money consciously? What is the balance between our work and our renewal? In light of the reality that we do not know what tomorrow will bring, these are vitally important questions.

Rabbi Bahya ibn Pakuda wrote: "Days are like scrolls; write on them what you want to be remembered." Rosh HaShanah is also called *Yom HaZicharon*, the Day of Remembrance. The Book of Life is the metaphor for how we live every day, and the decisions we make. These are our current realities and will be our legacy.

When we face the unknown and the fragility of our lives with open hearts, we, too, might tremble. But when we do so together, in community, with the support of each other and our ancestors, we are strengthened. Our fear may be transformed: the beauty of each individual and unique life, coming together to strive for more wholeness and more love is an *awesome* thing. ❖



During the month of Elul, the month leading up to the High Holidays, many of us deeply consider how we have hurt other people and begin to make *teshuvah* (repair, repentance). On Selichot, another step of preparation for these Holy Days,, this process of teshuvah is heightened as we encounter the traditional prayers of forgiveness recited throughout Yom Kippur.

With special guest teacher Trisha Arlin, a contemporary liturgist whose writings have been incorporated into services and ritual occasions at venues of all denominations across the U.S., we will examine some of the prayers of Selichot and Yom Kippur. We will consider: How do the traditional prayers of asking and receiving forgiveness help us process our current and very real regrets, confessions and apologies? What about our anger and yes, our relief, when we are the ones getting the apologies? What if we don't feel like making or accepting apologies to our people, or God?

Arlin will give guidance through discussion, meditation and prompts to write your own reflections on these High Holiday themes. For those of you who would prefer not to write, the writing prompts can be used as opportunities for guided meditation and you can share your thoughts and feelings instead of your writing.



Trisha Arlin

Following the workshop, Reconstructionist clergy from the partnering synagogues will lead a Selichot service alongside Trisha Arlin, who will share from her collection of liturgy and poems.

We will be joined by Reconstructionist congregations Reconstructionist Congregations), SAJ-Judaism that Stands for All (NYC), Or HaNeshama (Ottawa), Shir Hadash (Milwaukee), and Columbia Jewish Congregation (Columbia, MD).

#### From the Co-Presidents

# Zooming vs. Rooming

BY GAIL SACHS

This column, from The Jewish Press, 15 Elul 5782, expresses my thoughts on the subject more eloquently than I could. -GS

## HaShem Wants To See You In Shul

By Avi Climent

When the pandemic first started and shuls shut down. I had mixed emotions. On the one hand, there is something refreshing about waking up whenever you choose, throwing on a pair of tzitzit, and praying at your own leisure. It's no small convenience, which would explain why many Modern Orthodox Jews, particularly younger ones, are having such a hard time making their way back to shul.

Many shuls now require masks and standing apart from one another, which means shul is no longer the

fun social experience it used to be, filled with singing, divrei Torah, dancing, and kiddushing. Many are resisting returning to shul until everything is "back to normal."

One of my friends said he didn't want his children to have a negative shul experience, so they daven at home. Another admitted that he was never a "shul guy" to begin with, and not being able to hang out

for Kiddush was a deal breaker for him. Another said shul isn't fun, and he loves to serve G-d with happiness. Yet another *hates* wearing a mask and stays home for that reason. (Now, that I get.)

I might have felt a bit of all these sentiments at one time or another, yet for some reason I still pushed myself. The first time I returned to shul was back in June when the mosquitoes in Florida were out in full force in ing for a different type of leader for the Jewish people. our temporary shul tent. On my walk home, I remember thinking, "What's the point of coming to shul under such uncomfortable circumstances?"

And then I thought about Noah and Abraham. We know, as the Torah tells us, that Noah walked with G-d while Abraham walked before G-d. Noah was told that G-d was going to destroy the world and followed G-d's directive to build an ark. He never begged G-d to change His mind nor did he save anyone other than his family and the animals he was told to bring into the ark.

In contrast, Abraham, when told about Sodom's imminent destruction, pleaded repeatedly with G-d to spare it despite the evil nature of its people. And as a result of going before G-d, as opposed to simply going along with G-d, Abraham was catapulted into the pantheons of greatness. He is the father of monotheism and our very first forefather.

Many of us have legitimate reasons for not wanting to run back to shul (and obviously, health comes first). But Hashem loves us and misses us and wants to see us come out for Him, especially when it's inconvenient. When it's 20 below zero and the bleachers are empty, the arrival of 20 loyal fans to cheer on the home team from this crucial section says something to the players.

Think about it another way: Imagine going every week to the palace of the king to sing his praises. Soon lavish trays of food and the finest scotches become a

> staple - along with a growing number of visitors. One night, the king and queen get into a discussion on the true nature of people. They wonder: Are the crowds coming to pay homage to the king or to enjoy the food and drinks?

So they decide to stop serving all food and drinks and wait to see if anything would change. Unfortunately, things do change. Within two weeks, the size

of the crowd decreases by 80 percent. The king is disappointed, but at least he's gained insight on who's truly loyal to the kingdom.

Going to shul today is tough, but when the going gets tough, the tough... become Avraham Avinus! Avraham could have followed Noah's example and not defended the people of Sodom. But Hashem was look-One who would go beyond the call of duty.

So let us come to the king's castle, masks and all, and continue to sing His praises. Let us show G-d that we will be there, rain or shine, even when it's not so fun. (And before you know it, cholent, kishka, and maybe some overnight potato kugel will be available for your Shabbos delight once again.) �



Shofar factory in Tel Aviv.



We'll bring the burgers (veggies too!) and buns, hot dogs, and beverages.

What can you bring? To sign up to bring something, just click <a href="https://tinyurl.com/2m8teh9b">https://tinyurl.com/2m8teh9b</a>
and add your name next to the item you choose to provide.

All foods will be served by masked servers, cafeteria-style, on the rear patio, weather permitting.

Bring lawn chairs to enjoy the evening air and sit and schmooze with friends in the South parking lot. And bring a friend to introduce to KSS!

Hope to see you there!



## Answering the Call and Lending Our Voice

The Reconstructionist Movement (RM) wants to hear from us.

Our synagogue, along with every Reconstructionist congregation, has been invited to consider the issue of reparations: to study and talk together about it, and to decide whether to endorse a resolution proposed by the Tikkun Olam Commission on reparations that was approved at Convention.

For the resolution to be officially adopted by the Movement, the Plenum must approve it. (The plenum of the Reconstructionist movement is a group of representatives from each affiliated congregation and *havurah* who discuss and share the issues of the day, both internal movement discussions and thoughts on the movement's relationship to the world.

https://www.reconstructingjudaism.org/ congregational-resources/the-plenum/)

Ileen Koenig represents KSS at the Plenum. She, along with the Committee for Racial Justice and Rabbi Lina, will guide KSS through a series of study sessions and discussions so that Ileen can represent us when the Plenum votes in mid-December.

Please join us, by Zoom, to begin our conversation on **Tuesday, September 20, at 7:30 pm** – open to all members. Together, we will read and discuss the resolution we are being asked to review.

We suggest preparing for the 9/20 meeting by reading and/or watching the resources below. We selected these because they will not only help us start to untangle the complexities of reparations, but also to view the issue through a Jewish – particularly a Reconstructionist – lens.

First, Our Country Was Built on a Stolen

Beam, a Rosh Hashanah sermon by Rabbi Sharon Brous (2017).

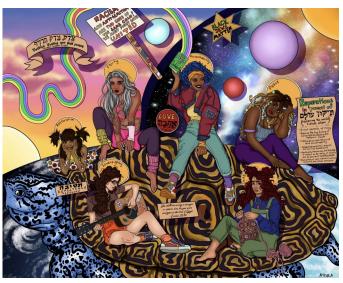
https://ikar.org/wp-content/uploads/RH2-RBrous-Sermon-OUR-COUNTRY-WAS-BUILT-ON-A-STOLEN-BEAM.pdf

Video: <a href="https://www.youtube.com/watch?">https://www.youtube.com/watch?</a>
v=T220\_Ygwnm4

As well, Susan Neiman's Learning from the Germans

<u>Learning from the Germans: Race and the</u> <u>Memory of Evil - Holocaust Living History Work-</u> <u>shop - YouTube</u>

Please make every effort to join us on September 20 with your thoughts, ideas, and questions. ❖



Reparations in Pursuit of Repairing the World, by Black Jewish artist Ayeola Omolara Kaplan, commissioned by Reconstructing Judaism. Prints available here.



## 2022 CHALLENGE MATCH CAMPAIGN

## WE DID IT!!!

What a resounding success! You responded. You responded. (Get it? It was a matching challenge.) The Kehillath Shalom Synagogue community blew right past the goal of \$5000 and contributed \$12,030. With the Challenge Donor's \$5000 match, the total of the Challenge Campaign brought in \$17,030. The Fundraising Committee could not be more excited and pleased with the response. The funds will do so much to help end the year on a high note.

All in all, we heard from 38 donor families. They included congregation members as well as some of our "friends". They included members of the Board and long-time congregants who are no longer as active as they once were but still wanted to express their fondness for and support of KSS.

Below you can find some of the names of the donors and the honorific or memorial notes attached to their donations; some donors requested anonymity. The Fundraising Committee hopes that their commitment to the congregation and willingness to support its ongoing programs and important work will inspire you and others to offer your support whether it is emotional, physical or, yes, financial.

Every year poses its own unique situation and obstacles to overcome. Let's pledge to work together to meet the needs of Kehillath Shalom Synagogue going forward. Every contribution helps. You can start the '22-'23 (5783) fiscal year off well by paying your dues and by making a donation at one of our secure links by credit card or paypal. \*

JUDY AVIDOR, in honor of the hearts and souls of all who work "to add a little love to our community and the greater world around us"

ALAN and SUSAN WEISS, in honor of Mitch Weiss, recently diagnosed with esophageal cancer

ABBY PARISER and PETER GOLLON, in memory of Sylvia and Bill

JUNE ZIEVE

EILEEN and PAUL GRUBER

GAIL SACHS, in honor of Rabbi Lina and those who participate in Morning Gathering, in memory of Rae Israeloff and John Mannix

JANET LONDON KREINCES, in honor of Jerry's recovery

Scott and Eva Ash, in honor of the 10<sup>th</sup> anniversary of Daniel's Bar Mitzvah

ARLENE and BARRY FELL

Pamela and Robert Feinstein, in honor of the Rabbi's Honorary Doctorate

BARBARA FEDER-MURDOCK and ZACH MURDOCK

BEVERLY MANNIX, in memory of Rae Israeloff, in honor of Rabbi Lina and her love and support during my difficult time, and in honor of all those who participate in Morning Gathering

DINAH MARK and RABBI LINA ZERBARINI, in memory of Dinah's father, Joseph Mark

HELENA FLECKER-GROSSMAN, in honor of Memorial Day and in memory of 1<sup>st</sup> Lt. Norman T.S. Flecker who died in a helicopter crash in the Republic of Korea in 1998.

PAM and PAUL FOSSELLA, in memory of John Mannix and in honor of the wedding of their nieces', Kate and Kerrie Wootton

Bernice Lukin Celentano and Joseph Celentano

CLIFF BROFFMAN and JANE KÜNSTLER, in memory of John Mannix

Ira Goodman

**RUTH and HENRY FRISZ** 

DAVID and VICKI SCHWARTZ

BARBARA STRONGIN

ILEEN and MICHAEL KOENIG, in memory of John Mannix

BARBARA HELLER, in memory of Rae Israeloff

SUSAN McGuire

MARGARET and MARTIN ROCHE

NISSIM YEHESKEL

CAROL RUBIN, in honor of a Happy Summer

HELEN and STEPHEN SIEGLER

**AUDREY TEICH and MINDY ISACOFF** 

JUDIE GARDNER

ALAN and INEZ WACHTEL

Lois Hass for Belle and David Goodman

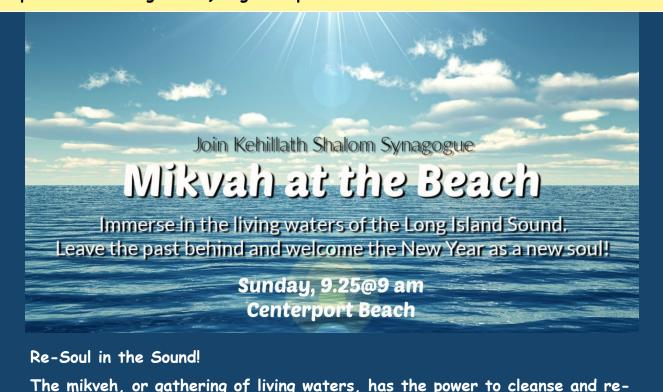
ROBERT and SUSAN ROSTAN

JACK and MARIE KORN

RITA and RALPH FENDERSON



What is the meaning of the High Holidays? We are not really supposed to believe there's a Big Man God decreeing our fates in a Book of Life. But what are they about? How might they help us? We will draw upon Mordecai Kaplan's *The Meaning of God in Modern Jewish Religion* to explore the deep and potential personal societal meanings of the upcoming holidays. (Don't be put off by the "God" word; this is Kaplan we're talking about!) Begins September 8 at 12:30 on Zoom.



new and is envisioned as the waters of the womb. Join us to move into Yom

Kippur as a new soul.

## The Gifts Received

#### **GENERAL FUND**

ROBERTA ISRAELOFF, in honor of Rabbi Lina's Doctorate

FREDARICA FRIEDMAN

VICKI WILSON, in memory of JOHN MANNIX AUDREY TEICH, in memory of JOHN MANNIX

RITA FENDERSON, for the yahrzeit of Georg Juliusberger

BARBARA HELLER, in honor of the marriage of her granddaughter, Audrey Leibowitz, to Matt Sutherland

JANET LONDON, in memory of JOHN MANNIX JUDY DAVIS and MORT KISSEN, in memory of JOHN MANNIX

Lois Hass, in memory of John Mannix

BARBARA HELLER, in memory of John Mannix

AUDREY TEICH, in memory of ROBERTA ISRAELOFF'S mother, RAE ISRAELOFF

INEZ WACHTEL, for the yahrzeit of Sally Gothelf

Barbara Heller, in memory of Jack Korn's sister, Minna Samrah

LINDA and GAETANO GUIDO, in memory of JACK KORN'S sister, MINNA SAMRAH

SUE McGuire, in memory of Jack Korn's sister. Minna Samrah

Lois Hass, in memory of RAE ISRAELOFF

IRA GOODMAN, in memory of RAE ISRAELOFF

JUDY WINARD, for the yahrzeit of her father, JACOB PEARLMAN

ROBERTA ISRAELOFF, for the yahrzeit of her beloved father, Jack Israeloff

Dolores & Fred Weinberg, in memory of John Mannix, Rae Israeloff, and Minna Samrah

MIKE and KATHY SOLOMOWITZ, for the yahrzeit of Shirley Solomowitz

Jack and Marie Korn, for the yahrzeit of Moshe Korn

Marjorie Rogasner, in honor of Bev Mannix and in memory of John Mannix

#### **COMMITTEE ON RACIAL JUSTICE**

JUDY DAVIS, in memory of Roberta Israeloff's mother, Rae Israeloff

#### **ISRAEL CONNECTIONS**

Judy Davis and Mort Kissen, in memory of her beloved father, Dr. Leo Stein

#### RABBI'S SALARY SUPPORT

MARGARET ROCHE

GAIL SACHS

#### RABBI'S DISCRETIONARY FUND

Barbara Heller, in honor of Rabbi Lina's honorary doctorate

Barbara Heller, in memory of Rae Israeloff

ROBERTA ISRAELOFF, in appreciation of RABBI LINA'S support on the passing of her mother, RAE ISRAELOFF

ROSE OSTERBERG

In addition, we received \$63.30 from Amazon Smile for the first quarter of 2022. To date, we have received over \$1200 thanks to this program, so remember to use Amazon Smile and make sure Kehillath Shalom is your designated charity when shopping on Amazon! ❖



### Do You Zelle?

KSS can now receive payments through Zelle, the quick, convenient, no-fee online payment system used by Bank of America, Capital One, Chase, Citi, and many other banks.

Make donations, pay for special events, pay dues — no checks, no stamps, no fees. Log into your bank account, find Zelle, and send to <a href="mailto:kehillath-shalom@optonline.net">kehillath-shalom@optonline.net</a>.

Note: Do NOT Zelle to the office phone! It won't work!

Easy as aleph, bet, gimel! ��



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## Looking for a New Oil Company?

Skaggs-Walsh, KSS' heating oil supplier, gives us cash thank-yous if you sign up with them and say Kehillath Shalom Synagogue referred you. Our first two referrals, Abby Pariser and Peter Gollon, and Jane

KÜNSTLER and CLIFF BROFFMAN, earned us \$100 each. The third referral is worth \$200! Will you



be the one? Referrals #4 and 5 would also earn us \$100 each, and #6 would be another \$200, and so on.

Contact Skaggs-Walsh at 516-227-3700, or <a href="mailto:skaggswalsh.com">skaggswalsh.com</a>. ❖

## Caring & Sharing

Mazel Tov to our September Bat Mitzvah, Hannah Feinstein, and proud parents Pam and Bob. May you continue to go from strength to strength and be a joy to your family and a blessing to the Jewish community.



Sadly, our KSS community sustained several losses over the summer. We express our deepest condolences to our Co-President, Bev Mannix, on the loss of her beloved husband, John; to Roberta Israeloff on the recent loss of her mother, Rae, to Jack and Marie Korn on the recent loss of his sister, Minna Samrah, and to Joshua and Wren Levitt on the loss of his father, Charles Levitt, grandfather of Jacob and Kailen. May their memories all be for a blessing, and may you all be comforted among the mourners of Zion and Jerusalem and know no more sorrow. ❖

### Support KSS on AmazonSmile

Follow this link: <a href="mailto:smile.amazon.com/ch/11-2202419">smile.amazon.com/ch/11-2202419</a> or go directly to AmazonSmile. You will be guided through a series of easy steps to help you select **Kehillath Shalom Synagogue** as your designated organization. Every time you shop at AmazonSmile, Amazon sets aside a small percentage of its proceeds for Kehillath Shalom Synagogue. Then, every quarter, KSS will receive its digital deposit.

For questions, please contact Scott Ash at <a href="mailto:ashs3@verizon.net">ashs3@verizon.net</a>. \*









## The Israel and Jewish Affairs Committee Presents

#### A Series of Forums and Discussions

## THE MIDDLE EAST AND THE STATE OF ISRAEL







Memories After My Death: The Story of My Father, Joseph "Tommy" Lapid, by Israeli Prime Minister Yair Lapid Sunday, November 20, 10 am

**Israel and the Middle East: What American Media Don't Tell You** Saturday, December 17, Services at 10 am, Forum at 11:15 am

The Reasons for Founding the Modern State of Israel Saturday, January 21, Services at 10 am, Forum at 11:15 am

**Update and Report from Israel and the Middle East**Saturday, March 25, Services at 10 am, Forum at 11:15 am

Ten Years of Forums: What We've Learned and What's Next Saturday, April 29, Services at 10 am, Forum at 11:15 am

Moderated by Kehillath Shalom member Nissim Yeheskel, Israeli native and frequent visitor.

#### **Kehillath Shalom Synagogue Presents:**

(Cosponsored by the HJC Israel Engagment Committee)

#### A Conversation with Professor Mark S. Rosentraub

#### **OFFERS MADE/OPPORTUNITIES MISSED**



An attempt to build programs between a US University and a University in the Palestinian Authority:



Sports, Israeli Arabs, and a Failed Effort.



Sunday Oct. 23rd, 7:00pm Kehillath Shalom Synagogue 57 Goose Hill Road Cold Spring Harbor NY



**Light refreshments served** 

For several years, Professor Mark S. Rosentraub of the University of Michigan worked with faculty from the American Arab University in Palestine (AAUP) to establish a master's degree in sports business. The plan was to deliver the degree program with faculty from both the University of Michigan and AAUP. This first partnership for the University of Michigan with a Palestinian university was to be financed by the University of Michigan.



Dr. Rosentraub had been involved with Arab students from Israel and Palestine for several years before attempting to build a new master's degree at AAUP. Dr. Rosentraub had also worked with faculty from the Hebrew University on plans and programs for an emerging Palestine from 1999 to 2001. Professor Rosentraub has been a visiting scholar at the Hebrew University and the University of Jordan.



Dr. Mark Rosentraub is the Bickner Endowed Professor of Sport Management at the University of Michigan. He has taught at the Hebrew University and Ben-Gurion University. He has worked on partnerships supported by the business community in Nazareth and has been involved with negotiating with the Palestinian Authority to deliver educational program in Ramallah and Jenin. Professor Rosentraub has also worked with the Jewish Federation of Cleveland to build programs focused on cooperation between Jews and Arabs in Israel and in the Palestinian Authority.

RSVP to Judy Davis: <a href="mailto:idavis4727@aol.com">idavis4727@aol.com</a> by Thursday, October 20

## Mazel Tov to Our September Bat Mitzvah, Hannah Feinstein!

HANNAH RUTH FEINSTEIN will become a Bat Mitzvah at 10:00 am on Saturday, September 10. Her parents, Bob and Pam Feinstein, and three adult brothers, Rhand and Dean Feinstein and Adam Friedman, along with other family members and friends, welcome you to this joyous occasion. Hannah lives in Northport with her parents and two beloved pets, Gracie, her dog, and Sir Galahad, her cat. Hannah's Bat Mitzvah project involves interviewing a Holocaust survivor who was born in Berlin during the Holocaust and brought to safety through the Kindertransport effort, composing her biography and submitting it to the Holocaust Museum through the Testimony Project. This summer Hannah discovered Israel on a trip with her parents and loved Tel Aviv and the Dead Sea. She enjoys programs like Stranger Things and others within the horror genre. She likes to cook and her special dishes include spicy ingredients. This summer at sleep-away camp she appreciated the beauty of Woods Pond, liked beading jewelry and getting close to new friends in her bunk.





HANNAH, above, and her parents, PAM and BOB.

#### COMMITTEES AND CONTACTS

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Programming & Deborah Globus Deborah

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RACIAL JUSTICE Roberta Israeloff <u>rsis@optonline.net</u>

SUBCOMMITTEE OF SOCIAL ACTION

If you would like to know more about a particular committee — what it does, how much time it entails, or anything else — please contact the people above. Asking for more information does not commit you to anything! But it could lead to a rewarding experience, working with others to strengthen and grow our community. •



#### On ZOOM AND BY RESERVATION AT KEHILLATH SHALOM

| Slichot Workshop and Service    | Saturday, September 17 | 8:00 pm  |
|---------------------------------|------------------------|----------|
| Mikveh at Centerport Beach      | Sunday, September 25   | 9:00 am  |
| Erev Rosh HaShanah              | Sunday, September 25   | 7:30 pm  |
| Rosh HaShanah I                 | Monday, September 26   | 10:00 am |
| Tashlich at Halesite Dock       | Monday, September 26   | 4:00 pm  |
| Rosh HaShanah II                | Tuesday, September 27  | 10:00 am |
| Reverse Tashlich Beach Clean-up |                        |          |
| At West Neck Beach              | Sunday, October 2      | 2:00 pm  |
| Kol Nidre                       | Tuesday, October 4     | 10:00 am |
| Jonah Study and Discussion      | Tuesday, October 4     | 4:30 pm  |
| Yizkor and Neilah               | Tuesday, October 4     | 5:45 pm  |



Dr. Brielle Rassler brought her beautiful voice and deep *kavannah/* intention to our services last year and we are thrilled to welcome her back as our High Holiday Cantorial Soloist. Learn more about her here: <a href="https://www.briellepaigerassler.com/about-brielle">https://www.briellepaigerassler.com/about-brielle</a>

A true Renaissance woman, Brielle is a clinical psychologist experienced in treating substance abuse and eating disorders, a student rabbi, a performing artist and composer with two albums of original music, and author of a reference guide to the Talmud and a manual for religiously integrated treatment of Jewish women with eating disorders.

# SHABBAT SERVICES

#### FRIDAY, SEPTEMBER 2

No scheduled service

#### SATURDAY, SEPTEMBER 3

No scheduled service

Torah Portion: <u>Shoftim, Deuteronomy 16:18 –</u>

Laws regarding legislation are discussed. "Justice, justice, shall you pursue." The people are warned to avoid sorcery and witchcraft. Sanctuary cities are established. Laws for times of peace and times of war are set forth.

#### FRIDAY, SEPTEMBER 9

Welcome Back BBQ 6:30 pm

#### SATURDAY, SEPTEMBER 10

Torah Study and Tefilah 10 am Bat Mitzvah of Hannah Feinstein

Torah Portion: *Ki Teitzei, Deuteronomy 21:10* – 25:19

Moses reviews a wide variety of laws regarding family, animals, and property. Various civil and criminal laws are delineated, including those regarding sexual relationships, interaction with non-Israelites, loans, vows, and divorce. Laws of commerce pertaining to loans, fair wages, and proper weights and measures are given. The parshah concludes with the commandment to remember for all time the most heinous act committed against the Israelites: Amalek's killing of the old, infirm, and weak after the Israelites left Egypt.

#### FRIDAY, SEPTEMBER 16

Candlelighting 6:30 pm

#### SATURDAY, SEPTEMBER 17

No morning service

Selichot Workshop and Service 8 pm

Torah Portion: <u>Ki Tavo, Deuteronomy 26:1 –</u>

<u> 29:8</u>

The laws of tithing and first fruits are discussed. The people are told if they obey God's commandments, they will receive every blessing, but if they do not, many curses will descend upon them. Moses reminds the people of the miracles in the wilderness and commands them to observe the covenant so they may succeed in all they do.

#### FRIDAY, SEPTEMBER 23

Candlelighting on Zoom 6:30 pm

#### SATURDAY, SEPTEMBER 24

Torah Study 10 am

Tefilah 11:15 am

Torah Portion: <u>Nitzavim, Deuteronomy 29:9 –</u>

30:20

Moses continues his farewell speech and God tells the people not to act idolatrously like other peoples. Moses reassures the people that God will not forsake them and that they can attain blessings by following the commandments.

#### FRIDAY, SEPTEMBER 30

Candlelighting on Zoom 6:30 pm

#### SATURDAY, OCTOBER 1

Meditation Walk at Target Rock NWR 10 am

#### Zoom Quick Reference Schedule Mon Tue Wed Thur Fri Sat 8 am 8 am Morning Gathering Torah Study & Tefilah 10 am Candlelighting 6:30 pm Lunch & Learn 12:30 pm

Zoom Meeting ID for most events 882 6522 6225, Password 046 425



#### Friday evenings, 6:30

(When nothing else is scheduled)

We'll share, sing, and bring Shabbat peace.

Join Zoom Meeting by computer: <a href="https://zoom.us/j/88265226225">https://zoom.us/j/88265226225</a>

Or Phone: +1 646 558 8656

Meeting ID: 882 6522 6225, Password 046 425

We will learn, study, share, pray.
As usual, come for Torah Study or Service or Both!
Join Zoom Meeting by computer: <a href="https://zoom.us/j/88265226225">https://zoom.us/j/88265226225</a>
Or phone: +1 646 558 8656
Meeting ID: 882 6522 6225,
Password 046 425





Morning Gathering: Tuesday & Friday Mornings at 8 am
Establish a strong, centered, calm foundation for the day.

Join Zoom Meeting by computer <a href="https://zoom.us/j/788752335">https://zoom.us/j/788752335</a>
or by phone: 1 646 558 8656 US (New York)

Meeting ID: 882 6522 6225, Password 046 425

# PORTSERVICES

# Suffolk Y JCC

# BEREAVEMENT Support Groups



### All groups meet weekly for eight sessions

led by mental health professionals.

Advance registration and payment are required. Groups form throughout the year, conditional upon minimum enrollment.

Fee: \$120 | Member Discounted Fee: \$96 Pre-screening required for new participantscontact Sheila Goloboy.

#### To register: bit.ly/SYJCC-Support-Groups

For help with registration call: 631.462.9800, x0

#### Widows & Widowers

SUPPORT GROUP Those who have recently experienced the death of a spouse can work through grief, examine feelings, and discover inner strengths—all within a caring and supportive setting.

Meets Thursdays, September 15-November 3, 2022 6:30-7:45 pm

#### **NEXT STEPS** for Widows & Widowers

Many participants choose to continue in a group setting. With this support group, individuals take steps toward new routines and activities, even as they continue to grieve.

Meets Wednesdays, September 14-November 9, 2022 6:30-7:45 pm | (no meeting on October 5)

#### **ROAD NOW TRAVELED** for Widows &

Widowers For those who have completed at least one Next Steps series and seek a more structured format. Participants explore newly relevant topics; sessions include occasional guest speakers and other resources.

Meets Wednesdays, September 14–November 9, 2022 **6:30-7:45** pm | (no meeting on October 5)

#### Adult Children

#### **GRIEVING A PARENT** For those who, as adults,

have experienced the death of a parent or parents. Participants will share personal experiences, process ongoing grief, and explore coping techniques, all within a supportive environment.

Meets Mondays, September 12-November 7, 2022 6:30-7:45 pm | (no meeting on September 26)

Questions? Contact Sheila Goloboy, LCSW, 631.462.9800, x151 sgoloboy@syjcc.org



74 Hauppauge Road, Commack



UJA-Federation of New York's Partners in Caring

Funding support from Suffolk County Department of Social Services



# JPPORT SERVICES

# Suffolk Y JCC

**EARLY STAGES of Separation & Divorce** 



## Groups meet Wednesday evenings 6:30-8:00 pm

An initial intake by telephone or in person is required before joining this group.

Fee: \$8 per session | Member Discounted Fee: \$5

### For registration go to:

https://tinyurl.com/4rhrzpdu

Let's L GRO and

ourselves

## Going through a separation

or divorce can cause a person to feel overwhelmed, confused, angry, lonely, or often a combination of those emotions and more. You may be struggling to make sense out of your situation or trying to decide what next steps to take for yourself.

Our support group, led by an experienced Social Worker, gives you the opportunity to meet with others and find a sense of connection and support during what can be a challenging time.

For more information, please contact:

Sheila Goloboy, LMSW, 631. 462. 9800, x 151 sgoloboy@syjcc.org



74 Hauppauge Road, Commack 631.462.9800 syjcc.org



UJA-Federation of New York's Partners in Caring

Funding support from Suffolk County Department of Social Services



## September 2022 Elul/Tishri 5782-83



ຽun Morning Gathering Tuesdays and Fridays 8 am

Mon

Tue

Wed

Thu

1

8



No candlelighting

Sat

No scheduled service

4

5

Labor Day

12

19

14

Lunch & Learn 12:30 pm Zoom The Meaning of God in Modern Jewish Religion

2

Welcome Back BBQ

7:06

6:30 pm

Torah Study and Tefilah 10 am Bat Mitzvah of Hannah Feinstein



**Board Meeting** 7:30 pm



Lunch & Learn 12:30 pm Zoom The Meaning of God in Modern Jewish Religion



Candlelighting on Zoom 6:30 pm



No Morning Service Selichot Workshop and Service 8 pm

18

11



Bagels & Books 10 am The Song of the Jade Lily



Reparations Discussion 7:30 pm



Lunch & Learn 12:30 pm Zoom The Meaning of God in Modern Jewish Religion



Candlelighting on Zoom 6:30 pm

6:43



Torah Study 10 am Tefilah 11:15 am

25



Rosh HaShanah I 10 am Tashlich 4 pm

26



28

Rosh HaShanah II 10 am



Lunch & Learn 12:30 pm Zoom The Meaning of God in Modern Jewish Religion

30



Candlelighting on Zoom 6:30 pm

Meditation Walk at Target National NWR 10 am

6:19

6:31

7:30 pm



Reverse Tashlich Beach Clean-up 2 pm

Centerport Beach

Erev Rosh HaShanah

Kol

Nidre

6:30 pm





Yom Kippur 10 am Jonah Study and Discussion 4:30 pm Yizkor and Neilah 5:45 pm



Lunch & Learn 12:30 pm Zoom The Meaning of God in Modern Jewish Religion



Candlelighting on Zoom 6:30 pm





Torah Study 10 am Tefilah 11:15 am

6:07